



# Newsletter

Spring/Summer 2008

## Flowers for Loyal Moira

### Practice News

- In Stride for Charity
- Practice Achievements

Our most loyal patient Moira McAdam is the toast of the practice after reaching her 25th anniversary as a patient of Dr Paul Sherrard. And she wouldn't dream of going anywhere else, despite now having a dentist in her own family.

A quarter of a century ago an extremely nervous Moira first met Dr Sherrard. Said Moira: 'I ended up at the dental hospital because I used to be absolutely terrified of going to the dentist's.

I would have to have whisky the night before and would cry from the moment I got up the next day until it was all over.'

But meeting Dr Sherrard transformed her experience of dentistry. 'When I met Paul he just completely put me at my ease. Soon I didn't need the whisky the night before and eventually I had no worries at all about my appointments. I didn't even realise he was only a student at the time,' explained Moira, 48, from Bidston. When Dr Sherrard qualified Moira knew she had to stick with him and has remained a loyal patient ever since.

Moira now looks forward to her regular check-ups at the surgery. 'Everyone is so nice here. There's a fabulous atmosphere and what I particularly like is it's always the same staff here. I also completely trust Paul,' added Moira.

And Moira has pledged her loyalty to Dr Sherrard, despite having a niece who is now a dentist. 'I just couldn't go anywhere else,' she added. But Moira could have a tough decision to make if daughter Catherine, 16, a pupil at Upton Hall School, realises her dream of following her cousin into dentistry.



See overleaf for...

### Dental News

- Don't Forget your Toothbrush
- Dental Detox
- School Trips
- Garden Party



### Staff News...

#### In Stride for Charity

Eight of our staff are set to don their running shoes to take part in Cancer Research UK's 'Race For Life' in Birkenhead Park. Dental team members Rebecca Willoughby, Rebecca Warren, Joanne Quinlan, Laura Hill, Jeni Price, Stacey Dane, Lorraine Parker and Anne Sherrard are now in training for the 5km run on Sunday, May 11. The team have decided to dedicate their run to Vera Collins, Stacey's auntie from Woodchurch who died earlier this year after a long and courageous battle against cancer.



#### Roll of Honour

**Congratulations** to dental nurse Gemma Nulty on passing her radiography exam, making her fully qualified to take x-rays- a key role in the dental practice.

**Dentist Tam Haque** is one stage nearer towards achieving the highly-regarded MFGDP award (Member of the Faculty of General Dental Practice, Royal College of Surgeons) after passing the notoriously tough second stage. He hopes to complete the final part later this year.

The MFGDP is a nationally recognised symbol of quality among dentists.

**Steph gets her teeth into new course.** Dental nurse Stephanie McDonald has won a place on a prestigious new course in dental therapy. Stephanie, 24, is still managing to work at Moreton Dental Care each Friday while studying for the two-year therapist diploma at Liverpool Dental Hospital.





## Focus on Hygiene

'Don't forget your toothbrush,' says practice hygienist Chris Warburton.

Chris is appealing to patients to bring their toothbrushes with them to their next appointment with her.

This is not because any of her hi-tech scaling and polishing equipment has broken down, but to advise on how to make the best job of cleaning your teeth.

'The type of toothbrush needed varies so much from person to person, but often people have the wrong brush,' says Chris.

'The brushes can be too old or splayed out, or a different style of brush would suit the patient better. If their teeth are crowded or have gaps, or if children are wearing braces we would recommend different brushes,' she added.

When Chris has done her toothbrush check she can then show patients how to clean their teeth more effectively with their own brush.



## New Detox System

A new development in oral hygiene is a 'detox' system which is a big boost for patients battling with advanced gum disease.

The treatment involves full mouth disinfection, anti bacterial therapy and high maintenance oral hygiene instruction.

## Parents

Want to encourage your children to look after their teeth?

Why not let them explore

[www.mouthpower.org](http://www.mouthpower.org)

A fun website about dental health for youngsters.

## School Visits

Recently Chris Warburton and the Moreton Dental Care team have been taking their dental health message into the classroom.

They have visited a number of schools in the area, including Greasby Juniors and Our Lady of Pity, to help local youngsters learn about teeth. Teachers have welcomed the visits as 'teeth and how to look after them' forms part of the Government's national curriculum at Key Stage 2 (7 to 11 year olds).



## Bring out the Bunting

Plans for a summer garden party are afoot at Moreton Dental Care. We are particularly keen to invite long-standing patients of Dr Sherrard (at MDC for 18 years), Dr Haque (12 years) and Dr Benbow (6 years).

*"We are a friendly, well established professional team. We provide a wide range of services from advice to cosmetic and implant dentistry. Our aim is to create a long standing relationship based on trust. We want YOU to feel special and SMILE WITH CONFIDENCE"*